



Italian Fried Peppers

Wash & slice 8 green bell peppers (or assorted colors). Saute lightly 1 medium onion in 3 or 4 tbsp. oil. Add peppers, $\frac{1}{2}$ tsp. salt, $\frac{1}{4}$ tsp. pepper, $\frac{1}{2}$ tsp. basil, $\frac{1}{2}$ tsp. oregano, 2 tbsp. parsley, a dash of garlic, & 8 oz. canned tomato sauce. Simmer gently for about 10 min. until peppers are tender. Stir in 2 or 3 tbsp. grated cheese to taste. Serves 4 or 5.

This is an excellent vegetable with any meat. It is exceptionally good with our fine Homemade Italian sausage. Or try it in a sandwich! Italian sausage on a crusty Italian roll with a scoop of peppers is delicious. Try serving this with sliced tomatoes, olives and a potato salad. Finish the meal with Italian ice or Italian lemonade, Italian cookies and coffee.

PRISCO'S FINE FOODS, INC.

1108 PRAIRIE STREET (630)264-9400